

HOW DO I GET STARTED?

Please give us a call today at 954-561-3175 or visit us online at www.ghinstitute.com for more information and to get started. We are pleased to offer a complimentary consultation with our patient coordinator and discuss our therapies in more detail as well as answer any questions you may have.



IS IV THERAPY RIGHT FOR YOU?



**WHAT YOU NEED TO KNOW
ABOUT (IV) INTRAVENOUS
NUTRITION THERAPY**



GENESIS
Health Institute

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Questions?

What is IV therapy?

IV or Intravenous therapy is the process of giving customized nutrient or detox packs to the body. It is the most direct and effective method to introduce the customized ingredients to all cells of the body as they are delivered directly through the bloodstream. This system of delivery optimizes nutrient levels and at a faster rate than when compared to oral methods. The same system is used to deliver Chelation ingredients to remove toxins and heavy metals from the body. A variety of nutritious ingredients and their doses will depend on the patient's symptoms and condition. Each patient receives a thorough examination with the doctor prior to starting IV therapy. The doctor will prescribe the customized nutritional pack for each patient to ensure an optimal result.

What are the benefits and why do I need IV therapy?

IV nutrition therapy gets vitamins, amino acids, minerals, antioxidants and other nutrients into the bloodstream quickly without needing the digestive system where potency is diluted. Using an IV to administer nutrients allows the maximum concentration to reach tissues that need it most. IV nutrition therapy has been prescribed for decades for people with many illnesses and ailments, including heavy metal toxicity, gastritis, ulcers, irritable bowel syndrome, lactose intolerance, Adrenal Fatigue, Crohn's Disease, Ulcerative Colitis, post trauma, pre/post surgery healing, viral infections, Shingles, Lyme disease, Epstein-Barr, Hepatitis, Arthritis, Fibromyalgia, Macular Degeneration, Glaucoma, Cardiac Dysrhythmias, Allergic Disorders, Diabetes, Cancer and post Bariatric Surgery. Often, depression, anxiety, insomnia, chronic fatigue syndrome and other neurological disorders are improved greatly by this therapy. The National Institute of Health found that currently in our society, one in four Americans possess a digestive disorder that leads to the malabsorption of key vitamins, minerals and nutrients key for optimal health. The malabsorption of these elements may predispose nutritional deficiencies and cause a decrease in the functionality of the immune system, promote a lack in energy levels as well as delay the body's normal healing process.

How do I receive IV therapy?

IV therapy is received in a comfortable suite at the Genesis Health Institute under the direct supervision of a doctor and IV certified nurse. Before performing the appropriate therapy, a thorough examination with the doctor including a blood and urine test is performed. A variety of therapies are available with times ranging from 30 minutes to 3 hours, all depending on the therapy that is right for you. Most patients receive their therapy on a weekly basis until a predetermined goal is reached and then the patient is placed on a maintenance program where therapy may be performed every 2 weeks to once monthly. A meal is required prior to starting the therapy with health oriented snacks and beverages provided during the therapy. Patients bring their own laptops, books and entertainment players with headsets to help pass the time... cell phone usage is also available outside the IV suite to insure a relaxing and comfortable experience by all.

What is Chelation therapy?

Chelation is the chemical process by which a metal or mineral such as lead, mercury, copper, iron, arsenic, aluminum, calcium, etc. is removed from arteries and veins. This therapy has been in use in the United States since the 1940's initially for lead poisoning removal. Chelation therapy has more recently been used for the prevention and treatment of degenerative circulatory diseases as it dramatically enhances the body's circulatory function. Chelation therapy promotes health by correcting the major underlying cause of arterial blockage. Damaging oxygen free radicals are increased by the presence of metallic elements and act as a chronic irritant to the blood vessel walls and cell membranes. Chelation therapy removes these metallic irritants, allowing leaky and damaged cell walls to heal and promote blood plaques to smooth over and shrink, allowing more blood to circulate throughout the body. Chelation therapy is proven to reverse and slow the progression of atherosclerosis and age related diseases. Poor blood flow may cause many diseases such as heart disease, colon disease, stroke, heart attack, senility and others.

What are the nutrients used in IV Therapy?

Intravenous Micronutrient or IV Therapy includes vitamins such as B-Complex, Folic Acid, Hydroxy or Methyl B-12, Dexapanthenol (B5) and Vitamin C. Vitamin C is an effective chemotherapeutic agent as it acts as a pro-oxidant inside the cell when administered in high concentrations. Research has shown that Vitamin C is an effective anti-tumor agent as long as high enough concentrations are achieved inside the tumor. This makes Vitamin C the ideal chemotherapeutic agent by virtue of being harmless to normal cells yet toxic to Cancer cells. High dose Vitamin C therapy may deliver anywhere from 25,000 to 100,000 units to the body in a single dose. Minerals utilized with the therapy include Zinc, Copper, Chromium, Selenium and Magnesium. L-Glutathione is another substance that may be administered intravenously to counter the effects of free radical damage and promote detoxification. L-Glutathione is also utilized for the treatment of Parkinson's disease with great success. Another type of IV is Plaquex therapy which removes plaque build up from inside the arterial walls. Plaquex is a combination of essential phospholipids (EPL) specially formulated for IV administration. Plaquex has demonstrated the ability to; 1) Decrease plaque deposits from inside the arteries; 2) Improve exercise tolerance; 3) Reduce angina attacks; 4) Lower cholesterol and triglyceride levels; 5) Boost circulation; 6) Increase male potency; 7) Improve liver function.

Are there any side effects or complications?

IV therapy is quite simple and takes just a minute to start. Once the IV is started, a rare but possible side effect may be infiltration of the IV nutrients to the soft tissue. This condition is halted immediately by the nurse once detected. Another rare but possible side effect may be inflammation of the vein where the IV is started. This condition as well, is also easily treated with a warm compress and possible oral anti-inflammatories.