

Patient Reviews... a few life changing experiences:

I am 80 years old, struggling with fibromyalgia, osteoporosis, arthritis and heart disease, which have all improved since hormone replacement pellet therapy. I am able to do things I hadn't been able to do in several years... thanks again and may God bless you as you help other people like me.

Mary P.

Before seeing the doctor, I was asked to work with a sales team. I didn't feel I was capable of taking on such a responsibility. After having the hormone replacement pellet procedure, I agreed to take the sales position and have been a top performer in my new position for three months now... thank you!

Janice L.

Thank you for saving my life, my marriage and for giving me back my energy and self worth... I feel 500 percent better and you were wrong about me feeling 35 again... I feel 25!

Natalie L.

I am 52 years old and was used to the way I was feeling due to pre-menopause and the gradual changes I experienced. I didn't realize how long I had not felt like I did in my twenties and thirties until I started bio-identical hormone pellet therapy. It was almost, literally, an overnight change.

Sharon T.

How do I get started?

Please give us a call today at 954-561-3175 or visit us online at www.ghinstitute.com for more information and to get started. We are pleased to offer a complimentary consultation with our patient coordinator and discuss our therapies in more detail as well as answer any questions you may have.

IS PELLET THERAPY RIGHT FOR YOU?

WHAT
WOMEN NEED TO
KNOW ABOUT
BIO-IDENTICAL
HORMONES



GENESIS

Health Institute

954-561-3175

www.ghinstitute.com

2530 NE 15th Avenue, Wilton Manors, FL 33305



GENESIS

Health Institute

Questions?

Return to the physiological state of my 20's and 30's?

It's true... you can feel healthy, vibrant and sexy throughout your entire life. Why suffer from the symptoms of PMS or menopause when bio-identical hormone pellet therapy can bring you back to the balance and well being of life with healthy, optimized hormone levels you had in your 20's and 30's?

What is bio-identical hormone pellet therapy?

Bio-identical hormone pellet therapy is the most convenient and effective method of hormone replacement available. It has been thoroughly documented and researched in medical journals since 1939 and involves the simple and painless insertion of a bio-identical hormone pellet just under the skin. Once the pellet is inserted, a steady low dose of natural hormone flows directly into the blood stream whenever the body needs it. This gives a woman's body the ability to control the release of the hormone just as it did when her ovaries were working optimally. Pellet therapy insures an individualized dose for each patient... and there's more good news... pellet therapy can last a minimum of three to six months.

What are bio-identical hormone pellets made from?

Bio-identical hormone pellets are compounded according to the highest industry standards, using the best quality botanical ingredients available. Derived from a natural plant source of soy and yam, they are specifically formulated to replicate human hormones. Nothing synthetic... no fillers... just pure, natural, biologically-identical hormones... plain and simple!

How do I receive my treatment?

Each bio-identical hormone pellet is the size of a grain of rice and slipped painlessly just beneath the skin, typically in the hip region. A mild, local anesthetic is used and the procedure takes less than five minutes. Follow up treatments involve just a brief visit every three to six months... that's it!

Why do I need estrogen?

Estrogen is the most important hormone a woman has, protecting her from heart disease, stroke, osteoporosis and Alzheimer's disease. Synthetic estrogen taken orally does not offer these universal benefits. Estrogen also promotes serotonin production which reduces anxiety, depression, moodiness and anger.

As a woman, why do I need testosterone?

Testosterone gives a woman her mental clarity, libido, muscle tone and mass. Without it, women often complain of mental confusion, lack of sexual desire, weight gain and poor muscle growth even with regular exercise.

What can hormone pellet therapy do for me?

Since it's inception, bio-identical hormone pellet therapy has helped millions of women achieve the natural healthy balance of hormones their bodies need to maintain optimum well being. Our patients report that they feel fantastic again! Some of the benefits include:*

Enhanced libido... increased sexual desire.

Increase in lean body mass and a decrease in body fat.

Greater desire and capacity for getting and staying in shape.

Reduced fatigue with increased energy levels.

Mood consistency, reduced feelings of anger, nervousness and irritability.

Relief from anxiety and depression.

Increased vitality, focus, mental clarity and concentration.

Improved memory.

Increased sense of overall well being.

Protection from heart disease.

**Individual results may vary.*

Are there any side effects or complications?

Side effects are rare and may include breast tenderness for 10 days post insertion, uterine spotting, slight weight gain from fat to muscle transition, facial hair growth, hair loss and acne. Again, these side effects are extremely rare.